## Web extra. Short questionnaire on sexual health of men

This questionnaire contains some sensitive and personal questions on sexual health of men. By answering these questions you are participating in the first study aimed to explore this important, but neglected area. Your cooperation will allow better scientific understanding of problems related to sexual health of men and help in improving the health care.

The survey is completely anonymous and the results will be used only for scientific purposes. We kindly ask you to sincerely answer to all questions. Please, fill out the questionnaire and send it back in the enclosed envelope as soon as possible.

1. Have you been sexually	a) No							
active in the last month?	b) Yes							
2. How long have you been	a) I do not have	a partner						
in a sexual relationship with	b) Write the num	nber of month	IS					
your present partner?	or years							
3. Generally, how much are	a) I did not have	a partner						
you satisfied with your	b) Completely d	issatisfied						
sexual life in the last month?	c) Mostly dissati	sfied						
	d) Neither dissat	isfied, nor sat	isfied					
	e) Mostly satisfic	e) Mostly satisfied						
	f) Completely sa	tisfied						
4. In the last month, how	Frequency	Not a	Once	2-3 times	Once a	2-3 times a	Once a day	More
often did you have the		single time			week	week		times a day
following experiences?	Sexual	A	В	C	D	E	F	G
Please, circle appropriate	fantasies							
letter for each of the offered	Masturbation	A	В	C	D	Е	F	G
experiences.	Petting and	A	В	C	D	E	F	G
	foreplay							
	Oral sex	A	В	С	D	Е	F	G
	Sexual	A	В	C	D	E	F	G
	intercourse							
5. How would you rate the	a) I was not sexu							
frequency of your sexual	b) Less often than I would like							
activities in the last month?	c) Just the right frequency							
	d) More often th	an I would lil	ke					

6. How much you think your	a) I did not have a partner						
partner was satisfied with	b) I do not know, I can not tell						
her sexual life in the last	c) She was completely dissatisfied						
month?	d) Mostly dissatisfied						
	e) Neither dissatisfied, nor satisfied						
	f) Mostly satisfied						
	g) Completely satisfied						
7. How many times during	a) I did not have a partner						
the last month have you	b) We have not talked about it						
talked with your partner	c) Rarely						
about your personal sexual	d) Sometimes						
desires and affinities?	e) Often						
8. Considering the time you	a) I do not have a partner						
have been together (since the	b) We have not talked about it						
beginning of relationship),	c) Rarely						
how often have you talked	d) Sometimes						
with your partner about the	e) Often						
sexual life?		<u> </u>	T	1	•		
9. In the last month, how	Frequency	Not a single	Rarely	Sometimes	Often	Always	
many times did the		time					
following factors negatively	My health problems	A	В	С	D	E	
affected the frequency of	My partners' health problems	A	В	C	D	Е	
your sexual activity?	Lack of privacy	A	В	С	D	E	
	Quarrelling in the relationship	A	В	С	D	Е	
	Overwork	A	В	C	D	E	
10. In the last month, how	a) I was not sexually active.						
often did you have an	b) Never or almost never						
erection sufficient for the	c) Rarely						
	, ,						
intercourse? By erection we	d) Sometimes (in about half the times)						
intercourse? By erection we mean stiffness of male sexual	d) Sometimes (in about half the times) e) Often						
intercourse? By erection we mean stiffness of male sexual organ (penis)	d) Sometimes (in about half the times) e) Often f) Always or almost always						
intercourse? By erection we mean stiffness of male sexual organ (penis)  11. In situations when you	d) Sometimes (in about half the times) e) Often f) Always or almost always a) I was not sexually active.						
intercourse? By erection we mean stiffness of male sexual organ (penis)  11. In situations when you have tried sexual intercourse,	d) Sometimes (in about half the times) e) Often f) Always or almost always a) I was not sexually active. b) Never or almost never						
intercourse? By erection we mean stiffness of male sexual organ (penis)  11. In situations when you	d) Sometimes (in about half the times) e) Often f) Always or almost always a) I was not sexually active.						

partner? The question refers	e) Often							
to the period of last month.	f) Always or almost always							
12. During sexual	a) I was not se	a) I was not sexually active.						
intercourse, who often have	b) Never or alr	b) Never or almost never						
you been able to maintain	c) Rarely							
your erection after you	d) Sometimes	(in about half	the times)					
penetrated your partner? <i>The</i>	e) Often							
question refers to the period	f) Always or a	lmost always						
of last month.								
13. During sexual	a) I did not atte		tercourse.					
intercourse, how difficult it	b) Extremely of							
was to maintain erection	c) Very difficu	ılt						
until the end of the	d) Difficult							
intercourse? <i>The question</i>	e) Not particul							
refers to the period of last	f) Not difficult	at all						
<i>month.</i> 14. How would you rate	a) Very weak							
your confidence with regard	b) Weak							
to achieving and maintaining	c) Moderate							
erection?	e) Strong							
crection:	f) Very strong							
15. In the last month, how	a) I did not atte	ampt a savual	intercourse					
often were you satisfied with			intercourse					
your sexual intercourses?	th b) Never or almost never c) Several times							
your sexual intercourses:	d) About every other time							
	e) Often							
	f) Always or almost always							
16. Indicate how often, in	Frequency	Not a	Once	2-3 times	Once a	2-3 times a	Once a day	More times
the last month, have you felt	requeriey	single time	onee	2 5 times	week	week	once a day	a day
the desire for these sexual	Kissing	A	В	С	D	E	F	G
activities?" For each activity	Masturbation	A	В	C	D	E	F	G
circle the letter indicating								
how often have you felt the	Petting and foreplay	A	В	С	D	Е	F	G
desire for that activity.	Oral sex	A	В	С	D	Е	F	G
	Sexual	A	В	С	D	Е	F	G

	intercourse						
17. In the last month, how often did you feel physical	a) I was not sexually active.						
	b) Never						
pain (for example headache, backache, pain in the genital	c) Rarely						
region) during sexual	d) Sometimes (in about half the time)						
activities?	e) Often						
	f) Every time						
18. In the last month, how	a) I was not sexually active.						
often has the physical pain	b) Never						
(for example headache, backache, pain in the genital	c) Rarely						
region) hindered your sexual	d) Sometimes (in about half the time)						
activities?	e) Often						
	f) Every time						
19. How often, in the last	a) I did not masturbate						
month, did you have difficulties in reaching	b) I did not have any difficulties						
orgasm (peak of your sexual	c) Very rarely						
pleasure) during	d) A few times						
masturbation?	e) Sometimes (in about half the times)						
	f) Every time						
20. How often, in the last	a) I was not sexually active						
months, did you have difficulties in reaching	b) I did not have any difficulties						
orgasm during sexual	c) Very rarely						
activities with your partner?	d) A few times						
	e) Sometimes (in about half the times)						
	f) Every time						
21. After you have	a) I was not sexually active						
penetrated your partner, how often did you experience an	b) Not a single time						
orgasm in less than two	c) Very rarely						
minutes? The question	d) A few times						
	e) Sometimes (in about half the times)						

22. During sexual foreplay or intercourse, how often have you experienced an orgasm earlier than you wanted? The question refers to the period of last month.  23. In the last month, did you drink alcohol daily?  24. In the last month, how many eigarettes have you smoked each day?  25. In the last month, how many eigarettes have you smoked each day?  26. In the last month, have you exercised regularly? By that we mean doing sport or exercise at least twice a week.  26. How old are you?  27. What is your educational level?  28. What is the economic status of your household?  29. Doring sexual foreplay or intercourse, how often have you exercised.  20. The sexually active by Not a single time.  3) I was not sexually active  3) I was not sexually active  3) Not a single time.  3) Very fine  3) I was not sexually active  5) Not a single time.  3) Very fine  3) Not  4) A few times  2) Sometimes (in about half the times)  5) Not a single time  5) Not a single time  6) Very rarely  6) A few times  2) Sometimes (in about half the times)  6) Diffen  9) Every time  4) No  5) Yes  4) I do not smoke  5) I do not smoke  6) Diffen  9) I do not smoke  10) I do not smoke  11) I do not smoke  11) I do not smoke  12) I do not smoke  13) I do not smoke  14) I do not smoke  15) Yes  24. In the last month, have  25. In the last month, have  26) Ge-10  3) I do not smoke  3) I do no	refers to the period of last	f) Often
or intercourse, how often have you experienced an orgasm earlier than you wanted? The question refers to the period of last month.  23. In the last month, did you drink alcohol daily?  24. In the last month, how many cigarettes have you smoked each day?  25. In the last month, have you exercised regularly? By that we mean doing sport or exercise at least twice a week.  26. How old are you?  27. What is your educational level?  28. What is the economic status of your household?  28. What is the economic status of your household?  29. Not a single time  20. Very tarely  20. A few times  20. Very tarely  21. A few times  22. Sometimes (in about half the times)  23. In the last month, have you support of the period of last month, have you exercised regularly? By that we mean doing sport or exercise at least twice a week.  21. What is your educational level?  22. What is the economic status of your household?  23. In the last month, have you experience of the period of last month, have you experience of the period of last month, have you experience of the period of last month, have you experience of labor times  23. In the last month, have you do not smoke  24. In the last month, have you since the last month, have you experience of labor times  25. In the last month, have you experience of labor times  26. How old are you?  27. What is your educational level?  28. What is the economic status of your household?  29. What is the economic status of your household?  20. Onsiderably worse than most others  21. Onsiderably worse than most others  22. Neither better nor worse than most others  23. No by Total Times  24. A few times  25. In the last month, the times  26. How of many times  27. What is the economic status of your household?  28. What is the economic status of your household?  29. Sometimes (in about half the times)  29. No  29	month.	g) Every time
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status of your household?  b) Somewhat worse than most others c) Neither better nor worse than most others	28. What is the economic	a) Considerably worse than most others
/	status of your household?	
		c) Neither better nor worse than most others
d) Somewhat better than most others		d) Somewhat better than most others

	e) Considerably better than most others
29. What is your marital	a) single
status?	b) married
	c) divorced
	d) widower
30. In the last 6 months,	a) high blood pressure YES NO
have you taken drugs for:	b) diabetes YES NO
	c) blood lipids YES NO
	e) nervous problems YES NO (if yes, which ones?) antidepressants
	anxiolytics
	antipsychotics