

Web extra. Short questionnaire on sexual health of men

This questionnaire contains some sensitive and personal questions on sexual health of men. By answering these questions you are participating in the first study aimed to explore this important, but neglected area. Your cooperation will allow better scientific understanding of problems related to sexual health of men and help in improving the health care.

The survey is completely anonymous and the results will be used only for scientific purposes. We kindly ask you to sincerely answer to all questions. Please, fill out the questionnaire and send it back in the enclosed envelope as soon as possible.

1. Have you been sexually active in the last month?	a) No							
	b) Yes							
2. How long have you been in a sexual relationship with your present partner?	a) I do not have a partner							
	b) Write the number of months or years							
3. Generally, how much are you satisfied with your sexual life in the last month?	a) I did not have a partner							
	b) Completely dissatisfied							
	c) Mostly dissatisfied							
	d) Neither dissatisfied, nor satisfied							
	e) Mostly satisfied							
	f) Completely satisfied							
4. In the last month, how often did you have the following experiences? Please, circle appropriate letter for each of the offered experiences.	Frequency	Not a single time	Once	2-3 times	Once a week	2-3 times a week	Once a day	More times a day
	Sexual fantasies	A	B	C	D	E	F	G
	Masturbation	A	B	C	D	E	F	G
	Petting and foreplay	A	B	C	D	E	F	G
	Oral sex	A	B	C	D	E	F	G
	Sexual intercourse	A	B	C	D	E	F	G
5. How would you rate the frequency of your sexual activities in the last month?	a) I was not sexually active							
	b) Less often than I would like							
	c) Just the right frequency							
	d) More often than I would like							

6. How much you think your partner was satisfied with her sexual life in the last month?	a) I did not have a partner					
	b) I do not know, I can not tell					
	c) She was completely dissatisfied					
	d) Mostly dissatisfied					
	e) Neither dissatisfied, nor satisfied					
	f) Mostly satisfied					
	g) Completely satisfied					
7. How many times during the last month have you talked with your partner about your personal sexual desires and affinities?	a) I did not have a partner					
	b) We have not talked about it					
	c) Rarely					
	d) Sometimes					
	e) Often					
8. Considering the time you have been together (since the beginning of relationship), how often have you talked with your partner about the sexual life?	a) I do not have a partner					
	b) We have not talked about it					
	c) Rarely					
	d) Sometimes					
	e) Often					
9. In the last month, how many times did the following factors negatively affected the frequency of your sexual activity?	Frequency	Not a single time	Rarely	Sometimes	Often	Always
	My health problems	A	B	C	D	E
	My partners' health problems	A	B	C	D	E
	Lack of privacy	A	B	C	D	E
	Quarrelling in the relationship	A	B	C	D	E
	Overwork	A	B	C	D	E
10. In the last month, how often did you have an erection sufficient for the intercourse? <i>By erection we mean stiffness of male sexual organ (penis)</i>	a) I was not sexually active.					
	b) Never or almost never					
	c) Rarely					
	d) Sometimes (in about half the times)					
	e) Often					
	f) Always or almost always					
11. In situations when you have tried sexual intercourse, how often have you been able to penetrate your	a) I was not sexually active.					
	b) Never or almost never					
	c) Rarely					
	d) Sometimes (in about half the times)					

partner? <i>The question refers to the period of last month.</i>	e) Often							
	f) Always or almost always							
12. During sexual intercourse, who often have you been able to maintain your erection after you penetrated your partner? <i>The question refers to the period of last month.</i>	a) I was not sexually active.							
	b) Never or almost never							
	c) Rarely							
	d) Sometimes (in about half the times)							
	e) Often							
	f) Always or almost always							
13. During sexual intercourse, how difficult it was to maintain erection until the end of the intercourse? <i>The question refers to the period of last month.</i>	a) I did not attempt sexual intercourse.							
	b) Extremely difficult							
	c) Very difficult							
	d) Difficult							
	e) Not particularly difficult							
	f) Not difficult at all							
14. How would you rate your confidence with regard to achieving and maintaining erection?	a) Very weak							
	b) Weak							
	c) Moderate							
	e) Strong							
	f) Very strong							
	15. In the last month, how often were you satisfied with your sexual intercourses?	a) I did not attempt a sexual intercourse						
b) Never or almost never								
c) Several times								
d) About every other time								
e) Often								
f) Always or almost always								
16. Indicate how often, in the last month, have you felt the desire for these sexual activities?" <i>For each activity circle the letter indicating how often have you felt the desire for that activity.</i>	Frequency	Not a single time	Once	2-3 times	Once a week	2-3 times a week	Once a day	More times a day
	Kissing	A	B	C	D	E	F	G
	Masturbation	A	B	C	D	E	F	G
	Petting and foreplay	A	B	C	D	E	F	G
	Oral sex	A	B	C	D	E	F	G
	Sexual	A	B	C	D	E	F	G

	intercourse							
17. In the last month, how often did you feel physical pain (for example headache, backache, pain in the genital region) during sexual activities?	a) I was not sexually active.							
	b) Never							
	c) Rarely							
	d) Sometimes (in about half the time)							
	e) Often							
	f) Every time							
18. In the last month, how often has the physical pain (for example headache, backache, pain in the genital region) hindered your sexual activities?	a) I was not sexually active.							
	b) Never							
	c) Rarely							
	d) Sometimes (in about half the time)							
	e) Often							
	f) Every time							
19. How often, in the last month, did you have difficulties in reaching orgasm (peak of your sexual pleasure) during masturbation?	a) I did not masturbate							
	b) I did not have any difficulties							
	c) Very rarely							
	d) A few times							
	e) Sometimes (in about half the times)							
	f) Every time							
20. How often, in the last months, did you have difficulties in reaching orgasm during sexual activities with your partner?	a) I was not sexually active							
	b) I did not have any difficulties							
	c) Very rarely							
	d) A few times							
	e) Sometimes (in about half the times)							
	f) Every time							
21. After you have penetrated your partner, how often did you experience an orgasm in less than two minutes ? <i>The question</i>	a) I was not sexually active							
	b) Not a single time							
	c) Very rarely							
	d) A few times							
	e) Sometimes (in about half the times)							

<i>refers to the period of last month.</i>	f) Often
	g) Every time
22. During sexual foreplay or intercourse, how often have you experienced an orgasm earlier than you wanted ? <i>The question refers to the period of last month.</i>	a) I was not sexually active
	b) Not a single time
	c) Very rarely
	d) A few times
	e) Sometimes (in about half the times)
	f) Often
	g) Every time
23. In the last month, did you drink alcohol daily?	a) No
	b) Yes
24. In the last month, how many cigarettes have you smoked each day?	a) I do not smoke
	b) 1-5 cigarettes
	c) 6-10
	d) 11-15
	e) 16-20
	f) More than 20
25. In the last month, have you exercised regularly? <i>By that we mean doing sport or exercise at least twice a week.</i>	a) No
	b) Yes
26. How old are you?	
27. What is your educational level?	a) primary school
	b) high school
	c) college or university
	d) I am a student
28. What is the economic status of your household?	a) Considerably worse than most others
	b) Somewhat worse than most others
	c) Neither better nor worse than most others
	d) Somewhat better than most others

	e) Considerably better than most others
29. What is your marital status?	a) single
	b) married
	c) divorced
	d) widower
30. In the last 6 months, have you taken drugs for:	a) high blood pressure YES NO
	b) diabetes YES NO
	c) blood lipids YES NO
	e) nervous problems YES NO (if yes, which ones?) antidepressants _____ anxiolytics _____ antipsychotics _____